

# Anesthesia Preoperative Medication Classes - Administration Guide

## "**GIVE**" - Patient **Should** Take

### Gastrointestinal

Anti-emetics

Anti-reflux

H<sub>2</sub> Receptor Antagonists

Proton Pump Inhibitors

Antibiotics

Anti-convulsants

Anti-dementia

Anti-depressants (exception - MAOIs)

Anti-Parkinson's (exception - Azilect)

Anti-rejection

Anti-spasmodics

Bronchodilators

Cardiovascular (exception - pure diuretics)

Cerebral/CNS Stimulants

Cholesterol Lowering

Hormones (includes BCPs)

Immunosuppressants

Mental Health (exception - lithium, MAOIs)

Muscle Relaxants (chronic use)

Narcotics (chronic use, keep patches **ON**)

Ophthalmic /Otic Drops

Psychiatric (exception-lithium, MAOIs)

Respiratory (PO and inhaled)

Sedatives (chronic or frequent use)

Steroids

Theophyllines

Urinary Meds

Other Specific Meds:

Mestinon

nicotine replacement, **transdermal (patch)**

Ultram/Ultracet (chronic use)

## "**HOLD**" - Patient **Should Not** Take

### Gastrointestinal

Adsorbents

Antacids

Anti-diarrheals

Anti-flatulents

GI Protectant (**Carafate**)

Inflammatory Bowel medications

Laxatives

Allergy/Antihistamine

Diuretics (pure)

Anticoagulants – patient to immediately contact surgeon and ordering physician for date to hold

Anti-neoplastics

Decongestants

Diabetic

MAO Inhibitors – patient to immediately contact ordering physician for directions

NSAIDS/Salicylates – patient to immediately contact surgeon and ordering physician for date to hold

Vitamins, Supplements, Herbs (all) – 7 days

Other Specific Meds:

lithium – patient to immediately contact ordering physician for directions

nicotine replacement, **gum / inhaled**

Plaquenil