### "GIVE" - Patient Should Take

**FREQUENT USE:** ANY MEDICATION TAKEN MORE OFTEN THAN EVERY 6 HOURS – bring day of surgery for MDA consideration

- **Gastrointestinal**
  - Anti-emetics
  - Anti-reflux
  - H₂ Receptor Antagonists
  - Proton Pump Inhibitors
- **Antibiotics**
- **Anti-convulsants**
- **Anti-dementia**
- **Anti-Parkinson's** *(exception - Azilect)*
- **Anti-rejection**
- **Anti-spasmodics**
- **Anti-viral**
- **Cardiovascular** *(exception – ACEs, ARBs, pure diuretics)*
- **Cholesterol Lowering**
- **Hormones** *(includes BCPs)*
- **Muscle Relaxants** *(chronic use)*
- **Narcotics** *(chronic use, keep patches ON)*
- **Ophthalmic /Otic Drops**
- **Neurological**
- **Psychiatric** *(exception-lithium, MAOIs)*
- **Respiratory** *(PO and inhaled)*
- **Sedatives** *(chronic or frequent use)*
- **Steroids**
- **Theophyllines**
- **Urinary Meds**
- **Other Specific Meds:**
  - Mestinon
  - nicotine replacement, *transdermal (patch)*
  - Ultram/Ultracept *(chronic use)*

### "HOLD" - Patient Should Not Take

- **Gastrointestinal**
  - Adsorbents
  - Antacids
  - Anti-diarrheals
  - Anti-flatulents
  - GI Protectant *(Carafate)*
  - Inflammatory Bowel medications
  - Laxatives
- **Cardiovascular**
  - ACE inhibitors *(including combination drugs)*
  - ARBs *(including combination drugs)*
  - Diuretics *(pure only)*
- **Allergy/Antihistamine**
- **Anticoagulants** – patient to immediately contact surgeon and ordering physician for date to hold
  - *exception* - do not hold anticoagulants for cataract removal or cardioversion
- **Anti-neoplasitics**
- **Antirheumatics** – patient to immediately contact ordering physician for directions
- **Decongestants**
- **Diabetic**
- **MAO Inhibitors** – patient to immediately contact ordering physician for directions
- **NSAIDS/Salicylates** – patient to immediately contact surgeon and ordering physician for date to hold
  - *exception* - do not hold NSAIDS/Salicylates for cataract removal or cardioversion
- **Vitamins, Supplements, Herbals** *(all) – 7 days*
- **Other Specific Meds:**
  - lithium – patient to immediately contact ordering physician for directions
  - Marinol
  - nicotine replacement, *gum/inhaled*
  - Plaquenil