

**Our staff provides screening mammograms
FIVE convenient locations**

**To schedule a mammogram, please call our
scheduling center at (724) 357-7075.**

Indiana Regional Medical Center
M. Dorcas Clark, MD, Women's Imaging Center
835 Hospital Road
Indiana, PA 15701
724-357-8081

IRMC at Chestnut Ridge
25 Colony Boulevard
Blairsville, PA 15717

IRMC Outpatient Testing Center
2389 Indiana St.
Seward, PA 15454

Mahoning Medical Center
100 Neal Ave.
Marion Center, PA 15759

Northern Cambria Family Medicine
4210 Crawford Ave.
Northern Cambria, PA 15714

*"The Women's Imaging Center is a very warm
and relaxing place to be. It is a place where the
staff and patients are kind and generous. It is a
friendly place rather than one for women to be
afraid of."*

~ M. Dorcas Clark, MD

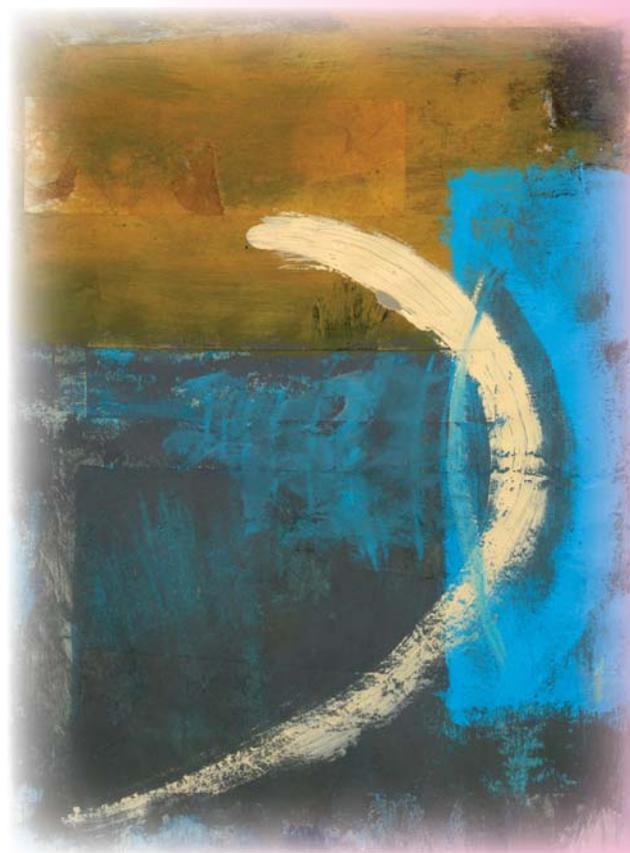
M. Dorcas Clark, MD
Women's Imaging Center
at Indiana Regional Medical Center

*The M. Dorcas Clark, MD, Women's Imaging
Center offers an **integrated care team
approach** led by the Nurse Navigator,
Sue Majoris, RN.*

724-357-8081

smajoris@indianarmc.org

We Care About Your Breast Health



M. Dorcas Clark, MD
Women's Imaging Center
at Indiana Regional Medical Center

Welcome

Welcome to the M. Dorcas Clark, MD, Women's Imaging Center. We offer an integrated care team approach to breast cancer detection, treatment and support as we strive to provide regional excellence in breast health care to women from Indiana and surrounding counties.

Our mammography and ultrasound units are staffed with experienced technicians and office staff who work closely with radiologists and our Nurse Navigator throughout the day.

Our center provides:

- Digital Mammography
- One Stereotactic Unit
- One Bone Density Testing Unit
- A Breast Ultrasound Suite
- A Clinical Breast Exam Room
- Fitting room for bras, prosthetics and lymphedema sleeves
- Four Mobile Screening Locations
- A Library/Resource Center
- Short waiting periods and a beautiful waiting area.
- Access to many IRMC services.

Nurse Navigator

A Nurse Navigator is available to assess, examine, schedule, and care for women having breast diagnostic procedures. Private consultations can also be scheduled for patients needing education, resources and counseling before, during and after breast cancer care.

Did You Know

...that early detection is the best protection?

 **FACT:** Breast cancer is the second leading cause of cancer death in women, after lung cancer, BUT, mammograms are today's best way to find cancer at an early stage when treatment is highly successful.

...that women age 40 and over should have an annual screening mammogram?

 **FACT:** A mammogram is an x-ray of the breast and can find breast cancers when they are very small, even too small to feel.

...that women ages 20 - 39 should begin having clinical breast exams every three years, and women 40 and over should have one yearly?

 **FACT:** Sometimes breast cancer can be felt, but not seen on a mammogram. You can schedule a clinical breast exam with our Nurse Navigator or with your doctor.

...a woman can schedule a screening mammogram or clinical breast exam without her care provider's orders?

 **FACT:** You can call 724-357-7075 for an appointment.

... vouchers are available for free mammogram screenings for the uninsured or under insured?

 **FACT:** For more information call the Women's Imaging Center Nurse Navigator, Sue Majoris, at 724-357-8081.

...that Women's Imaging services are individualized to every woman and include:

- Clinical Breast Examination
- Computer-Aided Detection
- Lymphedema Prevention & Therapy
- Screening Mammography
- Diagnostic Mammography & Ultrasound
- Ductogram
- Cyst Aspiration
- Needle Localizations
- Radiological Readings
- Stereotactic Breast Biopsy
- Breast Education
- Access to Sentinel Node mapping
- Birdie's Closet
- Scheduled appointments with certified bra, sleeve and breast prosthetic fitters
- Breast Cancer Support Groups

Diagnostic Testing

Screening Mammogram

As a part of a good health maintenance and disease prevention routine, women over the age of 40 should have this test done yearly. This outpatient test takes approximately 20 minutes.

Diagnostic Mammogram

If you have had a screening that is suspicious or if you have had breast symptoms, additional views of a diagnostic mammogram will be ordered.

It is important to remember that if you have had a previous mammogram at another hospital you will need to bring those films with you. This allows the radiologist to compare new and previous films and note any changes.

Ultrasound Breast Diagnostics

As part of the diagnostic process, an ultrasound examination of the breast may be performed to provide additional information.

Breast Biopsy

If a lump is felt, or an abnormal finding is discovered on a mammogram, our team provides breast biopsy services, guided by the use of digital mammography or ultrasound. Assistance with scheduling is provided to women by our staff for surgical biopsy.